

Thinking  
differently  
about  
intellectual  
disability



**Hāpai Foundation**

# THE VISION

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Hāpai is working towards creating a Canterbury where people with intellectual disabilities are valued for who they are and have every opportunity to live full and happy lives.



# THE NAME

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## What does Hāpai mean?

1. (verb) (-a,-nga,-ngia,-tia) to begin.
2. (verb) (-ngia,-tia) to take up, support, shoulder.
3. (verb) (-a,-na,-nga,-ngia,-tia) to lift up, lift, elevate, raise.
4. (verb) (-a,-nga) to set out, set off, start out, get under way.
5. (noun) carrier, bearer, porter.

# THE ICON

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The Hāpai icon was designed to show a group of H's supporting each other, with a goal to achieve something bigger than the individual components.

This refers to our desire to collaborate with the wider disability sector and partner organisations to make the most positive impact we can.

The circle symbolises how we all come together to create an ongoing cycle of improvement and betterment for our community.

# A HISTORY OF SUCCESS

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The Hāpai Foundation is a new and innovative intellectual disability foundation but is built on a rich history of success. We have been formed from the coming together of three inspiring Canterbury organisations: The Templeton Welfare Council (Welfare Council), Enrich Chaplaincy Service and The Chapel of the Holy Family Trust.

Since the 1960's The Welfare Council has been championing for good lives for people with intellectual disabilities and supporting them with life's extras, initially through the community of residents at Templeton.

The Welfare Council was responsible for fundraising and building The Chapel of the Holy Family at Templeton in 1966 so that people living there could access holistic and spiritual support as well as funding a swimming pool and gym.

When Templeton closed and people moved into the community (1999), The Welfare Council campaigned for the Chapel to be gifted to the intellectual disability community. This was successful and the Chapel is now owned and maintained by the associated The Chapel of the Holy Family Trust (established 2002).

After acquiring the Chapel, The Welfare Council also set up Enrich Chaplaincy Trust to meet the continued need for holistic and spiritual support through Community Chaplains.

In recent years, The Welfare Council's primary function has been to fund the Enrich service. Enrich have been the public face, interacting with individuals and their whānau in the community as well as running two hugely successful balls and establishing a choir which are open to all those with intellectual disability in Canterbury.

With increased pressure on funds, and holistic and spiritual support remaining vital for people with intellectual disabilities, The Welfare Council is transforming to continue to respond to the need in the Canterbury community and align with the Enabling Good Lives approach, as the new Hāpai Foundation.

Between 2012 and 2019 The Welfare Council has raised and gifted more than \$527,000 to initiatives and projects supporting the intellectually disabled in Canterbury.

Following our recent extensive research, we know that under Hāpai we can do significantly more than what we have historically done, and make substantially more positive impact.

We will be doing this by taking a lead in driving personalised, holistic support for people with intellectual disabilities, with a focus on empowering people and whānau in their communities.

Alongside this, the Foundation will work towards changing the perception of people with intellectual disabilities, so that they are ultimately able to enjoy their lives as valued citizens in welcoming communities.

The Foundation will do this through providing forward-thinking, holistic support initiatives and services that align with the Enabling Good Lives principles, initially with a focus on Canterbury.

Hāpai will also conduct awareness campaigns through telling real stories that highlight the value that people with intellectual disabilities contribute to the community. Lastly we will be working to undertake and collate the best research to enable our community to thrive.





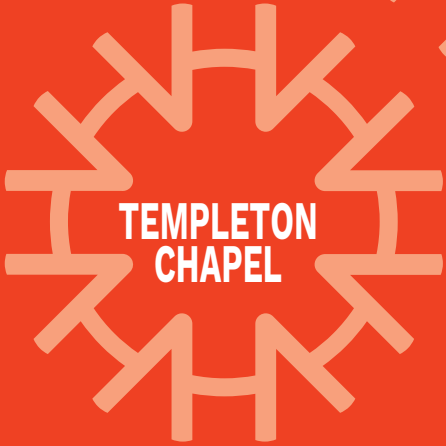
**WELFARE  
COUNCIL**



**CHOIR**



**ENRICH**



**TEMPLETON  
CHAPEL**



**BALL**



## WHAT IS

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# INTELLECTUAL DISABILITY?

Intellectual disability essentially means that someone needs more support to learn and understand information.

Particular conditions that cause a disability can form in the womb or in the developmental years of life and are often irreversible.

People with an intellectual disability may often have a different level of what is called “adaptive behaviour”, which is the ability to use what they have learned in a practical way.

This is often manifested in the form of an IQ below 70 and a higher than normal need for support in two or more adaptive life areas of:

**COMMUNICATION | SELF-CARE | HOME LIVING | SOCIAL SKILLS**

**USE OF COMMUNITY SERVICES | SELF-DIRECTION | LEISURE AND WORK**

**HEALTH AND SAFETY | READING, WRITING AND ARITHMETIC**

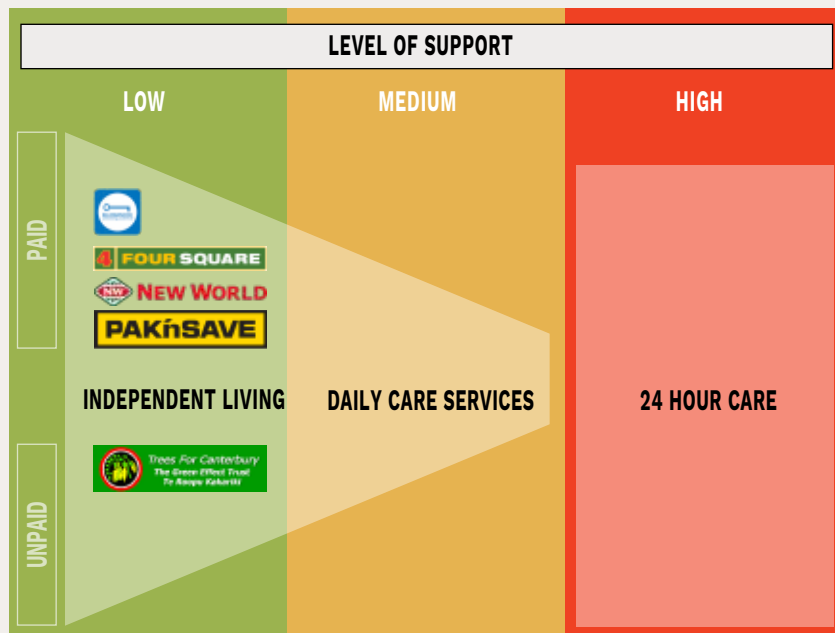
# A SPECTRUM OF ABILITY

Every person in Aotearoa deserves the opportunity to create a full and happy life in their community. However, many people with intellectual disabilities are unable to fully realise their aspirations due to the currently limited support available.

A variety of support is already available for those who are most able and it is often easier for this group of people to participate in their community.

Organisations like Kilmarnock Enterprises are leading the way in offering valued work and training opportunities for people with intellectual disabilities. Those who need slightly higher levels of support can find meaningful roles within organisations like Trees for Canterbury - and many more.

People who need higher levels of support have access to more full-time care, funded by the Government Disability Support System through the Ministries of Health, Social Development, and Education. Registered Nurses, disability support workers, and full time care organisations provide the necessary in-home or residential-care support for those who need it.



Hāpai is focusing on better supporting people who fall into the “middle ground” as shown in yellow above. These people need the most support to find meaningful roles in their communities, including activities and work they enjoy.

The support available is currently limited and work also needs to be done to build understanding and inclusion for this group of people in our community.

# WHAT CAUSES INTELLECTUAL DISABILITY?

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**Intellectual disability occurs in one of 3 stages of development**  
- Before birth, during birth or in early childhood.



## **IN UTERO**

Intellectual disability is caused by genetic factors from parents or other factors that directly affect the mother such as trauma, substance abuse or serious illness, that can influence foetal development. Examples of genetic based disability include Prader Willi syndrome and Down syndrome.

## **AT BIRTH**

Complications such as premature birth, trauma, lack of oxygen, prolonged labour or multiple births, all increase the risk of intellectual disability.

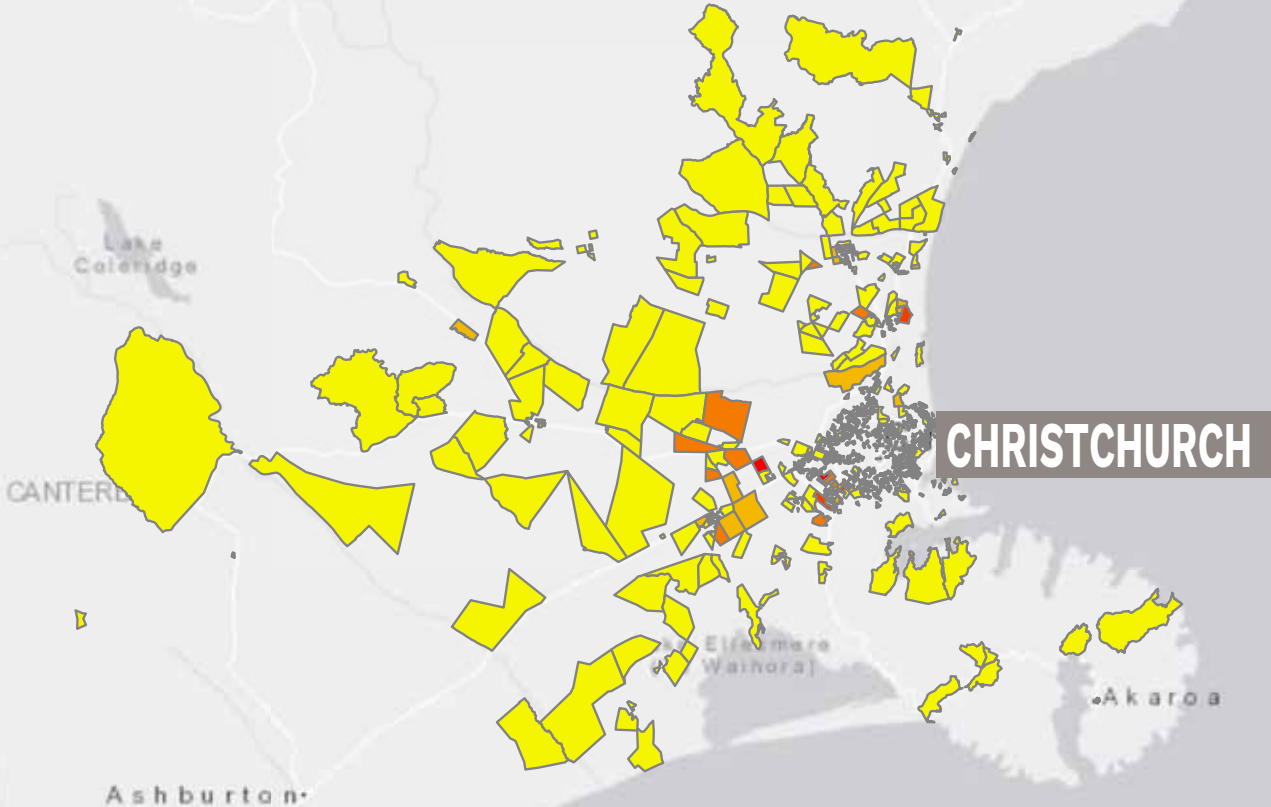
## **CHILDHOOD**

Lastly, during childhood, intellectual disability can come about after severe head injuries, brain tumours, severe malnutrition, severe allergic reactions or certain illnesses like meningitis or encephalitis.



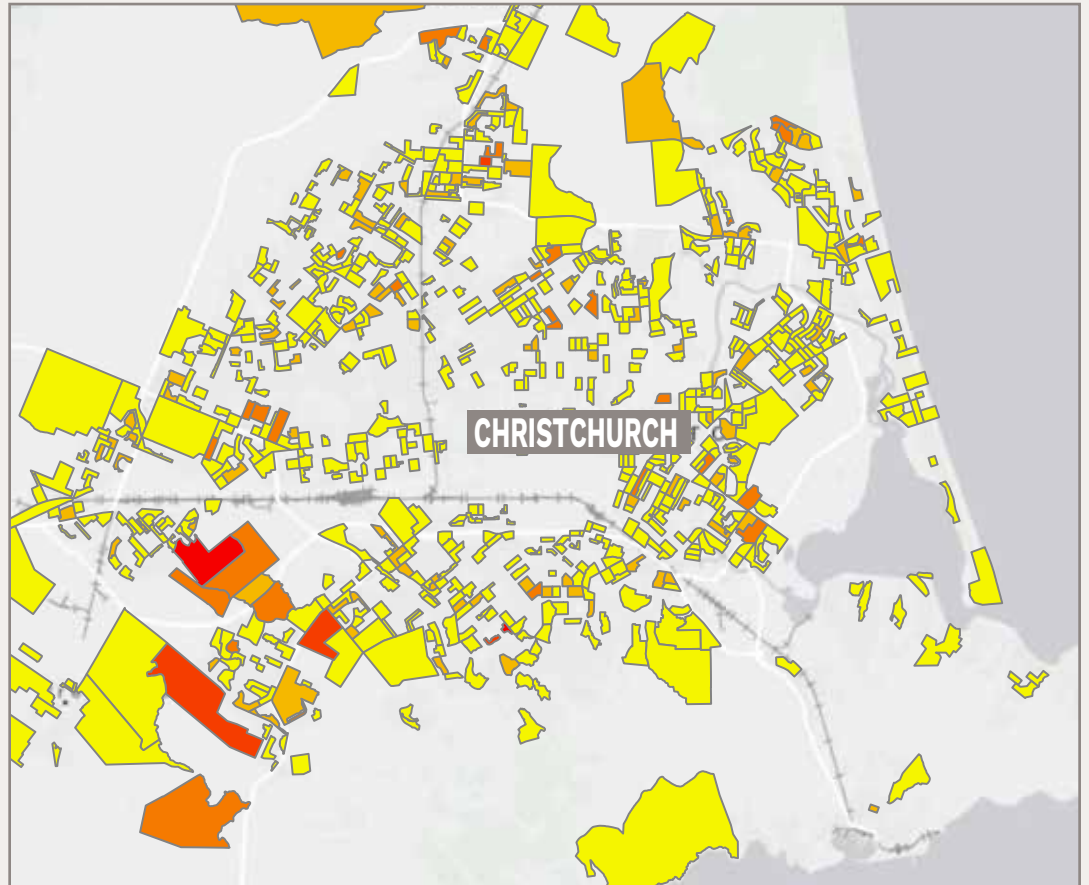
**APPROXIMATELY 4,000 PEOPLE IN CANTERBURY HAVE AN INTELLECTUAL DISABILITY**

# THE DEMOGRAPHICS





## Count





# THE NEED

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## **Imagine if someone put a limit on your hopes and dreams.**

We all have dreams for a better future, and no-one can ever become their best by themselves. We all need the support of others.

People with intellectual disabilities need so much more support to become their best self.

Unfortunately, there are many people with intellectual disabilities who are not being supported to live a life they are happy with, let alone one in which they are enabled to pursue their goals and ambitions.

Hāpai's research has identified 3 main gaps and needs within the middle spectrum of the intellectually disabled community in Canterbury:

### **1. SUPPORT**

Greater support is needed for those with an intellectual disability that do not need to be supported 24/7, but struggle to fit into conventional roles, work and activities in their community.

### **2. INCLUSIVITY**

A lack of understanding, discrimination and prejudice hinders the inclusion of people with an intellectual disability in everyday places, opportunities and roles in society.

### **3. RESEARCH & REPRESENTATION**

Lack of data and research into intellectual disability impedes the effective direction of resources, and the delivery of leading support approaches and services.

To change this, we have set out on our mission to begin lifting up our community, by offering the support and access to crucial life opportunities, that most of us take for granted, whilst engaging the wider community to come and meet this amazing group of people.

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See how we will be undertaking this in the 3 roadmaps over the next pages.

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# ROADMAP 1

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## SUPPORT

Hāpai Foundation is seeking funding to re-role the Chapel that we own in Templeton, as a facility that will provide activities that allow people with intellectual disability to gain greater levels of independence. We will pilot the concept initially by running activities in conjunction with carefully selected partner organisations for 2 days a week.

We will be working to raise the physical, mental and spiritual health of those who attend. The long term aim for our facility, is for it to be a stepping stone to help members of our community, who can and want to integrate into mainstream activities, to do so.

Activities and events will be offered, in the first instance, to those attending our chapel services and those in the immediate vicinity of South West Christchurch. Once we have proven the concept, we will scale up to operating a full service, 5 days a week.

By that time, we would also like to be able to offer respite services as well as advocacy services.

The latter is crucial, as many of our community lack the confidence or the ability to handle many big life situations such as dealing with medical specialists, as an example.

Alongside the above, we will continue and expand, the service offered by the Chaplains at Enrich.

**Pilot of day activities at Templeton**

**Enhancement of facilities at Templeton**

**Extension of activity offerings, full service to include respite and support for whanau also**

## ROADMAP 2

# INCLUSIVITY

We will be launching the JAM Card into Canterbury as our first major campaign to begin breaking down some of the societal barriers that prevent our community from living well.

The JAM Card is a very simple yet effective way to give those with a communication barrier, a way to effectively connect with retail staff, whilst at the same time alerting staff in retail environments that the customer might need “Just A Moment” longer than other customers to communicate their order.

We will also be using our facility at Templeton to allow opportunities for integration. The activities that we will be running at the site will, where possible and practicable, be open to the wider community at Templeton and the surrounding satellite settlements of Prebbleton and Rolleston.



**JAM Card launch**

**Community activations and campaigns**

**Regular campaigns and events to encourage integration opportunities**

## ROADMAP 3

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# RESEARCH AND REPRESENTATION

During our research phase, it was clear that there is an opportunity for better data collection from the community to enable better research to provide better outcomes.

This in turn will feed back into our support and integration activity to allow us to provide research backed solutions to the complex challenges our community faces.

**Collaborate with local sector organisations to create a gold standard data set of the intellectual disabled community in Canterbury**

**Collaborate with local sector organisations to identify what world class care looks like**

**Research and deliver cutting edge technology, activities and concepts to enable our community to thrive**



# MEET THE BOARD



**PATRON**

## **Michelle Sharp**

Head of IOT and Head of South Island Vodafone, Independent Chair Managing Partners, Canterbury & West Coast BNZ, former CEO of Kilmarnock Enterprises. Nominee New Zealander of the Year 2019.



**CHAIR**

## **Bob Shearing** QSM

Company Director, former Christchurch Counselor, Chairman and Trustee on multiple charity boards.



## **Bill McElhinney** QSO

Former Chairperson of the Templeton Centre Parents Association, Chair of the Templeton Welfare Council, Trustee of Enrich Chaplaincy Trust, Trustee of Hawkesbury Community Living Trust and parent of a child with an intellectual disability.





## **Wendy Oh**

Company Director, and ex-primary school teacher, holding a Law Degree from the University of Canterbury



## **Denise Gearry**

Longest serving Trustee and Secretary of Templeton Welfare Council Trust, Treasurer of The Chapel Of The Holy Family Trust, former Trustee Waitaha School Board and parent of an adult with profound intellectual disability.



## **Alina Mora**

CFO M Family Holdings, former Senior Financial Accountant at the Gough Group, and parent of a child with an intellectual disability.



## **Juliane Brand**

Health Care Executive, and former nurse, holding a Masters in Public Health from the University of Otago.



## **Mike Bourke**

Civil Engineer at Christchurch City Council, trustee of several boards, and parent of a child with an intellectual disability.



## **Ken Lord**

Consultant & Notary Public at Parry Field Lawyers who has provided support to many charities within Christchurch.

# HOW YOU CAN SUPPORT US

## FUNDRAISING

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### PERSONAL DONATION

Perhaps you have a personal connection to intellectual disability, or you have empathy for others who need a little bit of extra help in life. Know that your support will make a significant impact in the lives of the community in Canterbury.

### BUSINESS SUPPORT/PARTNER

We are seeking to join forces with organisations that share our values and align with our vision. Partnerships could take the form of direct sponsorship, activations or in-kind donations to enable our community to live the best life they can.

### BEQUESTS

A simple yet highly effective way for you to support us and ensure that we can enact the change that we seek. Contact us to see how we can help you add us into your will.

## AWARENESS

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### HELP US SPREAD THE WORD!

Support us on Facebook, share our campaigns and help us spread the word!





# CONTACT US



## **Tim Jones**

FOUNDATION MANAGER

021 288 2363

[Tim@hapaifoundation.org.nz](mailto:Tim@hapaifoundation.org.nz)



## **Loudon Keir**

STRATEGY & ANALYSIS

027 338 4450

[Loudon@hapaifoundation.org.nz](mailto:Loudon@hapaifoundation.org.nz)



## **Tamara Dunbar**

EVENTS MANAGER

022 132 9765

[Tamara@hapaifoundation.org.nz](mailto:Tamara@hapaifoundation.org.nz)



# Hāpai Foundation

Thinking differently about  
intellectual disability.

**"There is no greater disability in society,  
than the inability to see a person as more."**

Robert M. Hensel